

DID YOU KNOW?



LONELINESS
is a MAJOR
PUBLIC HEALTH CONCERN

Easy access to SOCIAL MEDIA
is contributing to increased

ISOLATION

LONELINESS
is linked
to:

- increased stress
- depression
- paranoia
- anxiety
- addiction
- cognitive design
- SUICIDE

* ESPECIALLY YOUNG PEOPLE ARE FEELING
EXTREMELY LONELY

→ PROBLEM

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WHAT CAN

BE DONE

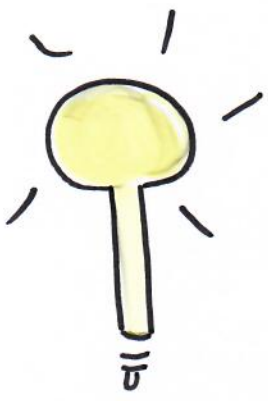
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JOIN THE WELL BEING UNIVERSITY

WHO
ARE
WE?

A consulting organisation
that analyses the different
CAUSES, EFFECTS & IMPACTS
of loneliness on young adults.

WHAT DO
WE DO?

- 1 Research extensively about the best approaches to end loneliness
- 2 Provide consulting & implementation services to universities... and offices!
- 3 Raise awareness of public health effects of loneliness...

... through creating a platform,
events, partnerships & media content

OUR GOAL?

* Help universities to combat loneliness!



* start small, GET GLOBAL

... & Expand to professional settings

Starting in PARIS

→ spreading WORLDWIDE

→ we can fight loneliness

INTERESTED?

CONTACT US AT:

THE WELLBEING UNIVERSITY

